

# Healthy Eating

We are seeing increasing numbers of unhealthy food appearing in lunchboxes and also big quantities of food, which gets wasted. School staff are speaking to the children at lunchtimes about making healthy choices.

Just to remind you that all Nursery, Reception, Year 1 and 2 children should be having a school dinner. This is an entitlement from the government and children are expected to take it. We are lucky to have a catering teams which cooks food freshly everyday. There are also lots of options daily for children to select. Please speak to Mrs. Pritchard if you need any clarification about this.

Also, from half-term, children must only bring in fruit to have at morning breaktime.

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/#tips>



## OCTOBER IS THE MONTH OF THE HOLY ROSARY



The first half of the Hail Mary is from Scripture: the Angel Gabriel's greeting to the Virgin Mary when God let her know of her unique place in the history of human salvation. The second half is the church's response, our petition to Mary as Mother of God. We acknowledge our need for her help for our salvation now, and we ask in particular for this help at the moment of our death. So many private apparitions of the Blessed Virgin over the centuries have given us messages about this help, and it is a great comfort to believe that Mary will be there when the soul, the source of life for our body, struggles toward a different form of living. Mothers give birth; Mary will be there, no matter when or how death comes to each of us.

## IMPORTANT DATES

### HALF TERM

**30th Oct – 3rd Nov**

- 6th November** Back to school
- 7th November** Y6 Parents evening and rest of school book look
- 10th November** Remembrance Service 9am
- 13th November** Anti-bullying week
- 17th November** Anti-bullying week assemblies  
EYFS & KS1 @9.30am KS2 @2.30pm
- 22nd–24th November** Y5&Y6 Ingestre Hall
- 1st December** Advent Service 2.30pm
- 7th December** Y6 WW2 Tea Party
- 8th December** Whole school Mass – Feast of the Immaculate Conception  
*Christmas Jumper Day*  
Choir & Brass Band concert @7.30pm in Church.
- 11th December** Staff Inset – SCHOOL CLOSED
- 13th December** EYFS Nativity @9.30am
- 15th December** CHRISTMAS FAYRE @2.30pm
- 19th December** KS1 Christmas Show @2.15pm
- 20th December** KS2 Carol Concert in Church @1.30pm.
- 21st December** Whole school Panto
- 22nd December** Christmas Party Day & finish for Christmas holidays.

**Spring term begins on Monday  
8th January 2024**

*There will potentially be other dates to add to the calendar so please check*

## TERM TIME HOLIDAYS

Any holiday taken in term time will not be authorised by the school. Out of courtesy I expect you to inform the school if you are taking your child out. please read for more guidance:

<https://www.sandwell.gov.uk/downloads/file/176/holidays-in-term-time>

# St. Mary's Newsletter

[www.stmaryswednesbury.co.uk](http://www.stmaryswednesbury.co.uk)



On 18th October, we gathered together as a school and with children around the world, to participate in the Aid to the Church in Need's annual campaign - 'One million children praying the Rosary'. Our oldest children sat with their prayer partners and we prayed a decade of the Rosary together, focussing on the Luminous mysteries.



Friday 27th October 2023  
Issue No. 2

## Charitable outreach

This half-term we raised money and awareness World Mental Health day. The pupils wore items of yellow clothing and the money we raised was donated to the charity: Young Minds.

A massive thank you to Mrs. Huburn, who very kindly made all pupils a yellow wristband. We are all very grateful.



Also, thank you for your generosity for the donations for the Harvest Festival, the response was overwhelming. The donations have been split between Breaking Bread in Wednesbury and the Black Country Food Bank. Some of our Mini Vinnies went to visit the food depot at the Black Country Food Bank.



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